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Vaccination is the best protection against the flu
DOH-Miami-Dade Urges you to get your Vaccine Before Halloween

Contact:
Communications Office
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Miami, Fla. – The Florida Department of Health in Miami-Dade County is encouraging everyone to get vaccinated before Halloween to reduce the risk of illness this flu season.

Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs and can be spread by coughing, sneezing, and close contact. Flu season typically starts in the fall and peaks in January or February, and can last as late as May.

The Centers for Disease Control and Prevention (CDC) recommends annual influenza vaccinations for everyone 6 months of age or older since flu viruses change. Vaccination is especially important for people at high risk of influenza complications, including: people 65 years and older, pregnant women, young children and people of any age with certain chronic medical conditions.

The Florida Department of Health in Miami-Dade County provides flu vaccines at the following centers:

Health District Center	**Little Haiti Health Center**	**West Perrine Center**
1350 NW 14th Street	300 NE 80th Terrace	18255 Homestead Avenue
Miami, Florida 33125	Miami, Florida 33138	Miami, Florida 33157
Monday – Friday	Monday, Wednesday & Friday	Monday - Friday
8:00 am – 3:30 pm	8:00 am – 4:00 pm	8:00 am – 4:00 pm

The flu vaccine is free of cost for children through 18 years of age. For more information or to learn where you can get your annual flu vaccine please visit www.FluFreeFlorida.com or please contact the Florida Department of Health in Miami-Dade County, Immunization Program at 786-845-0550 or visit www.miamidade.floridahealth.gov

You may also check with your health care provider or local pharmacy or go to http://flushot.healthmap.org/ for clinics in your area.

About the Florida Department of Health

The department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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